

WORKOUT REQUIREMENTS

1. A horse which has not started for a period of 45 days or more shall not be eligible to start in a race until it has completed one timed workout no less than 48 hours prior to the race in which it is entered.
2. A horse which has not started for a period of 60 days or more shall not be eligible to start until it has completed two timed workouts no less than 48 hours prior to the race in which it is entered.
3. *******THIS IS IMPORTANT AND SHOULD NOT BE OVERLOOKED!!** A horse, other than a first-time starter, which has not started for a period of one year or more is ineligible to start in a race until it has completed three times workouts, at least one of which must be before a Commission Veterinarian and not more than 30 days or less than 48 hours (two days) prior to the race in which it is entered. In general, these horses will be required to work 5/8 mile for the Commission Veterinarian.
4. First time starters must have gate approval and a minimum of two timed workouts, one of which must be out of the gate within 60 days prior to the race in which it is entered.

WORKOUT APPOINTMENTS

Arrangements to work a horse should be made at least one day in advance. Last minute requests will be considered but often cannot be accommodated. Works for the Commission Veterinarians are best scheduled at 8:30 AM on race days and after 8:00 AM on non-racing days except Monday. Trainers must make these appointments in the Commission Veterinarian's office. Special needs are always easier to meet with some advance notice. All workouts before a Commission Veterinarian will be conducted under the same medication requirements as those on race days. The Commission Veterinarian will draw blood and/or collect urine after a workout for medication testing. In some cases, the Commission Veterinarian may request that the jockey riding the horse in a race be the person riding it for the workout.